

2026 MIAC Swim & Dive Championships - 2/11/2026 to 2/14/2026
2026 MIAC Swimming and Diving Championships
Psych Sheet

Event 1 Men 200 Yard Medley Relay

MEET Record: 1:30.36 2/14/2014 St. Olaf College			
M Gratz, C Kubat, W Brebrick, A Rudstrom			
MIAC Record: 1:29.82 3/20/2009 St. Olaf College			
A Meyer, N Westby, L Money, J Koch			
NCAA Div III: 1:25.85 3/15/2023 Emory			
Ono, Wilson, Tollen, Smith			
Team	Relay	Seed Time	
1 Gustavus		1:31.56	
2 St. Olaf		1:35.09	
3 Carleton		1:35.66	
4 Macalester		1:37.04	
5 St. Johns		1:38.72	
6 Hamline		1:46.70	

Event 2 Women 200 Yard Medley Relay

MEET Record: 1:43.14 2/14/2015 St. Thomas			
Paulson, Punyko, Kukielka, Gruewald			
MIAC Record: 1:43.14 2/16/2015 St. Thomas			
Paulson, Punkyo, Keukakla, Gruewald			
NCAA Div III: 1:39.51 3/15/2025 MIT			
Augustyn, Bernard, Naveen, Roberson			
Team	Relay	Seed Time	
1 St. Bens		1:46.69	
2 St. Olaf		1:47.14	
3 Carleton		1:47.55	
4 Gustavus		1:48.57	
5 Macalester		1:50.31	
6 St. Kate's		1:51.60	
7 Hamline		2:03.81	
8 Concordia		2:09.28	
9 Augsburg		2:19.10	

Event 3 Men 3 mtr Diving

MEET Record: 599.30 2/17/2001 Gabe Kortuem			
MIAC Record: 599.30 2/17/2001 Gabe Kortuem			
NCAA Div III: 628.69 3/18/2022 Connor Dignan			
Name	Yr	School	
1 Cody Watts	JR	St. Johns	NP
2 Henry Hilgendorf	SO	St. Johns	NP
3 Timothy Rotter	SR	St. Johns	NP
4 Dylan Herlihy	SR	Macalester	NP
5 Kevin Bossou	SR	Hamline	NP
6 Hans Anderson	SR	Carleton	NP
7 Charlie Ruppe	SR	Carleton	NP
8 Jesse Lindholm	JR	Carleton	NP

Event 4 Men 800 Yard Freestyle Relay

MEET Record: 6:40.27 2/12/2020 Gustavus Adolphus College			
E Small, M Allison, J Muntifering, N Larson			
MIAC Record: 6:40.27 2/12/2020 Gustavus Adolphus College			
E Small, M Allison, J Muntifering, N Larson			
NCAA Div III: 6:26.98 3/17/2023 Emory /Chicago			
Team	Relay	Seed Time	
1 Gustavus		7:02.44	
2 Macalester		7:07.87	

3 St. Johns	7:10.45
4 Carleton	7:13.87
5 St. Olaf	7:19.27
6 Hamline	8:25.78

Event 5 Women 800 Yard Freestyle Relay

MEET Record: 7:27.26 2/16/2022 Saint Catherine University			
J Wentzel, A Voss, E Svendsen, M Menso			
MIAC Record: 7:26.04 3/18/2022 Saint Catherine University			
J Wentzel, M. Klein, A Voss, M Menso			
NCAA Div III: 7:13.02 3/23/2025 NYU			
Ranile, Motekaitis, Oldham, McIntyre			
Team	Relay	Seed Time	
1 Gustavus		7:53.09	
2 St. Olaf		7:54.13	
3 Macalester		7:57.54	
4 Carleton		8:00.72	
5 St. Kate's		8:07.77	
6 St. Bens		8:10.53	
7 Hamline		9:06.76	
8 Concordia		9:50.82	

Event 6 Men 500 Yard Freestyle

MEET Record: 4:26.78 2/19/2009 Matt Stewart			
MIAC Record: 4:26.78 2/19/2009 Matt Stewart			
NCAA Div III: 4:18.35 3/15/2017 A. Conover			
Name	Yr	School	Seed Time
1 Brayden Slavik	SR	St. Johns	4:30.15
2 Kean Pajarillaga	SO	Macalester	4:46.07
3 Britton Patee	FR	Gustavus	4:49.56
4 Eddie Barnes	FY	Macalester	4:49.71
5 Logan Cyr	JR	Gustavus	4:50.69
6 Carson Rotter	FR	Carleton	4:51.69
7 Trev Barton	SO	St. Johns	4:52.39
8 Matthew Krogman	JR	Carleton	4:53.24
9 Travis Elling	SO	St. Olaf	4:54.67
10 Matthew Lillejord	JR	Gustavus	4:55.39
11 Mason Deitering	FR	Gustavus	4:55.49
12 Leif Petricka	SO	Carleton	4:55.74
13 Vince Schulze	FR	St. Johns	4:55.88
14 Charlie Newton	FR	Gustavus	4:57.70
15 Braydon Ohrtman	FR	St. Johns	4:58.05
16 Evan Fouts	FY	Macalester	4:58.47
17 Ben Kell	JR	Gustavus	4:59.75
18 Luke Schmitzer	FR	Carleton	4:59.83
19 Bode Thompson	SO	Macalester	5:01.08
20 Isaac Snaza	FY	Macalester	5:04.64
21 Boden Allen	SO	Macalester	5:05.57
22 Luis Flores	JR	St. Johns	5:07.00
23 Jackson Ling	FR	Hamline	5:12.50
24 Tilghman Overton	SO	Macalester	5:13.35
25 Mason Saunders	FY	Macalester	5:14.05
26 Dylan Murphy	FR	St. Johns	5:14.07
27 Brennan Close	JR	St. Johns	5:23.27
28 Ryan Mickelborough	JR	Macalester	5:25.37
29 Tanner Betts	FR	St. Johns	5:26.25
30 Gavin Karpe	FR	Hamline	5:27.11

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Event 6 ... (Men 500 Yard Freestyle)

Name	Yr	School	Seed Time
31 Nathaniel Roberts	SO	St. Olaf	5:44.65

Event 7 Women 500 Yard Freestyle

MEET Record:	4:51.21	2/17/2022	Maggie Menso
MIAC Record:	4:51.21	2/17/2022	Maggie Menso
NCAA Div III:	4:43.37	3/23/2011	K. Stern
Name	Yr	School	Seed Time
1 Annika Beck	FR	Gustavus	5:12.53
2 Molly Nuckolls	SO	Macalester	5:13.25
3 Jay Young	FY	Macalester	5:14.17
4 Morgan Stout	SR	St. Bens	5:18.04
5 Ella Franklin	FY	Macalester	5:18.96
6 Stephanie Baranov	SR	Carleton	5:19.29
7 Maya Tellez	SO	Macalester	5:19.33
8 McKelvey McDaniel	SO	St. Olaf	5:20.97
9 Kaia Churness	FR	Gustavus	5:21.07
10 Chelsea Andersen	SO	Carleton	5:21.54
11 Hannah Zurn	SR	Macalester	5:21.66
12 Olivia Weil	SR	St. Kate's	5:22.02
13 Amalia Shields	SO	Macalester	5:23.37
14 Karissa Bell	SO	St. Olaf	5:26.06
15 Nicolette Harvey	SR	St. Kate's	5:27.82
16 Teresa Gatti	SO	Gustavus	5:28.53
17 Leah Felton	FR	Gustavus	5:29.67
18 Maddie Brynda	FR	St. Bens	5:29.87
19 Ellie Porrata	SR	St. Olaf	5:31.22
20 Annika Hensel	SO	Macalester	5:32.66
21 Ella Grogan	SO	Carleton	5:33.31
22 Lena Minetto	FR	St. Olaf	5:34.37
23 Shea Bradley	JR	St. Kate's	5:36.16
24 Olivia Hopewell	SR	St. Olaf	5:37.00
25 Caitlyn Otto	SO	Gustavus	5:38.85
26 Claire Stretanski	JR	Macalester	5:38.98
27 Ava Shaker	JR	Carleton	5:39.35
28 Bryn Ashland	JR	Carleton	5:39.70
29 Lulu Martin Del Campo	SO	Carleton	5:39.75
30 Anna Wurtz	SO	Macalester	5:40.49
31 Nora Wootten	JR	Carleton	5:42.09
32 Karina Chattopadhyay	FR	St. Kate's	5:44.82
33 Clare Cook	JR	St. Kate's	6:01.12
34 Megan Gunderson	FR	Hamline	6:01.24
35 Danielle Hobbs		Augsburg	6:04.06
36 Carys Walsh	SO	St. Kate's	6:04.31
37 Cori Dawson	SO	Hamline	6:18.76
38 Katarina Kocher	JR	Hamline	6:27.45
39 Tinsley Porter		Concordia	6:27.62
40 Vylet Frank		Concordia	6:42.81

Event 8 Men 200 Yard IM

MEET Record:	1:49.03	2/13/2014	Michael Gratz
MIAC Record:	1:48.54	3/20/2008	Nelson Westby
NCAA Div III:	1:42.97	3/15/2025	D. Maas
Name	Yr	School	Seed Time
1 Declan Vahey	FR	Gustavus	1:55.01
2 Aidynn Havermann	FR	Gustavus	1:56.57

3 Aiden Yung	SR	St. Olaf	1:57.22
4 Tommy Moore	JR	Macalester	1:59.88
5 Jacob Robischon	SO	Gustavus	2:00.30
6 Ben Kell	JR	Gustavus	2:00.45
7 Nicholas Chang	SR	Carleton	2:00.57
8 Max Taufen	SO	Macalester	2:00.70
9 Lincoln Cochran	FR	St. Johns	2:01.01
10 Aiden Carlson	JR	Gustavus	2:01.27
11 Aaron Zhao	SO	Carleton	2:02.47
12 Eoin Porrata	FR	St. Olaf	2:02.58
13 Thor Pearson	FR	Carleton	2:02.71
14 Brandon Wilcek	SR	Gustavus	2:03.16
15 Mason Cote	SO	Gustavus	2:03.52
16 Will St. John	SR	Macalester	2:03.96
17 Jeffrey Kong	SR	Carleton	2:04.17
18 Tj Palli	SR	Macalester	2:04.56
19 Cam Newton	FR	Carleton	2:04.60
20 Alex Lee	JR	Carleton	2:04.90
21 Jason Jones	SO	St. Johns	2:05.13
22 Isaac Snaza	FY	Macalester	2:05.51
23 John Rosseel	JR	Carleton	2:06.05
24 Andrew Roggeman	SR	St. Johns	2:07.63
25 Riley Yerks	SO	St. Johns	2:08.44
26 Simon Nyangamoi	JR	St. Johns	2:11.07
27 Gus Shaffer	SO	Hamline	2:11.15
28 Bode Thompson	SO	Macalester	2:11.58
29 Aiden Johnson	JR	Carleton	2:13.47
30 Daniel Cameron	SO	St. Olaf	2:19.53
31 Tristan Popa	SO	Hamline	2:22.08
32 Matias Vega	FR	Hamline	2:25.04

Event 9 Women 200 Yard IM

MEET Record:	1:59.47	2/17/2022	Jordyn Wentzel
MIAC Record:	1:57.82	3/16/2022	Jordyn Wentzel
NCAA Div III:	1:57.76	3/16/2022	C. Hart
Name	Yr	School	Seed Time
1 Paige Steenblock	SR	St. Olaf	2:09.58
2 Julia Michalski	FR	Carleton	2:11.38
3 Maya Tellez	SO	Macalester	2:13.73
4 Mary Morris	JR	St. Bens	2:14.15
5 Madison Witte	JR	Gustavus	2:14.48
6 Samantha Sylvester	JR	St. Olaf	2:14.61
7 Izzy Uhlhorn-Thornton	SR	Macalester	2:14.70
8 Stella Anderson Moye	JR	Gustavus	2:15.26
9 Sommer Krause	SO	Gustavus	2:15.26
10 Jay Young	FY	Macalester	2:16.07
11 Poppy Wedding	FY	Macalester	2:16.84
12 Carolyn Wolking	SO	Macalester	2:17.92
13 Samantha Villa	SO	Gustavus	2:18.00
14 Bella Kern	FR	St. Bens	2:18.53
15 Felicia Symreng	JR	Gustavus	2:18.63
16 Nadia Lanz	SR	Macalester	2:18.80
17 Kendall Coppersmith	JR	Gustavus	2:19.58
18 Lydia Jostock	FR	St. Bens	2:19.72
19 Lilly Soillis	SO	Carleton	2:20.05
20 Josie Hauck	FR	St. Olaf	2:20.20
21 Jayda Alholm	JR	St. Bens	2:20.29

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Event 9 ...(Women 200 Yard IM)

Name	Yr	School	Seed Time
22 Natalie Chandler	SR	St. Kate's	2:21.90
23 Annika Hensel	SO	Macalester	2:22.08
24 Olivia Stankiewicz-Goldsmi	FR	Carleton	2:22.38
25 Josephine Larson	FR	St. Bens	2:22.55
26 Megan Bartels	SR	St. Bens	2:22.64
27 Hadley Wartner	JR	Gustavus	2:23.48
28 Sierra Hermansen	SR	St. Kate's	2:23.72
29 Emma Yao	JR	Carleton	2:23.85
30 Aubrey Tran	JR	Carleton	2:23.91
31 Nicole Tilzer	JR	Macalester	2:24.07
32 Claire Canfield	JR	St. Bens	2:25.45
33 Maddie Tillmann	FR	St. Bens	2:25.68
34 Richanta Pollard	JR	St. Kate's	2:28.76
35 Leah Eneedy		Concordia	2:30.42
36 Maka Chikowero	SR	St. Kate's	2:35.33
37 Hanne Graham Lawver	FR	St. Kate's	2:36.57
38 Elizabeth Gilman	SO	St. Kate's	2:41.11
39 Isabel Harden	FR	St. Kate's	2:44.49

Event 10 Men 50 Yard Freestyle

MEET Record:	19.66	2/14/2013	Erik Klontz
MIAC Record:	19.66	2/14/2013	Erik Klontz
NCAA Div III:	19.37	3/21/2018	O. Smith
Name	Yr	School	Seed Time
1 Carsten Reuter	SR	St. Johns	21.11
2 Nick Starcevich	SR	St. Olaf	21.21
3 Braden Ripken	JR	Gustavus	21.60
4 Aiden Shermak	JR	Gustavus	21.64
5 Jack Homme	JR	St. Olaf	21.66
6 Logan Braley	SR	Gustavus	21.68
7 Vince Schulze	FR	St. Johns	21.71
8 Max Taufen	SO	Macalester	21.71
9 Tj Palli	SR	Macalester	21.79
10 Josh Wallin	FR	Gustavus	21.83
11 Neil Tollefson	FR	Carleton	21.89
12 Keegan Jones	FR	Gustavus	21.93
13 William Wallace	SR	St. Olaf	21.97
14 Will Sarkinen	SR	Gustavus	21.97
15 Casey Meretta	SR	Macalester	22.12
16 Noah Lee	JR	Carleton	22.21
17 Tommy Moore	JR	Macalester	22.28
18 Leif Petricka	SO	Carleton	22.28
19 John Rosseel	JR	Carleton	22.41
20 Luke Williams	JR	St. Olaf	22.47
21 Dawson Lee	FR	Carleton	22.56
22 Jack Schumacher	SO	Macalester	22.58
23 Warren Kozak	JR	Carleton	22.60
24 Jackson Hovda	SO	St. Johns	22.67
25 Jamie Soutter	FY	Macalester	22.68
26 David Lammers	FR	St. Johns	22.90
27 Clay Megaw	SR	St. Johns	23.02
28 Anders Bergren	FR	St. Olaf	23.11
29 Grant Ravndal	JR	St. Olaf	23.18
30 Manny Poscher	SO	Hamline	23.27
31 Tanner Betts	FR	St. Johns	23.38

32 Nate Cox	SO	St. Olaf	23.55
33 Simon Nyangamoi	JR	St. Johns	23.67
34 Oskar Helgen	FR	St. Olaf	24.30
35 Andy DeClue	SO	Hamline	24.40
36 Christian Musenze	FR	St. Olaf	24.64
37 Spencer Laga	FY	Macalester	25.79
38 Leo Griffley-Byram	SR	St. Olaf	26.63
39 Evan Poeschel	SR	Hamline	26.98

Event 11 Women 50 Yard Freestyle

MEET Record:	22.78	2/17/2005	Marie Marsman
MIAC Record:	22.77	3/17/2015	Emma Paulson
NCAA Div III:	22.15	3/21/2025	K. McIntyre
Name	Yr	School	Seed Time
1 Haley Zelen	FR	St. Bens	23.07
2 Katie Homme	JR	St. Olaf	23.73
3 Maya Geddes	FR	Carleton	24.56
4 Anna Schottler	FR	St. Bens	24.57
5 Leah Felton	FR	Gustavus	24.58
6 Sawyer Eastman	SO	St. Olaf	24.62
7 Stella Anderson Moye	JR	Gustavus	24.75
8 Emma Henry	SR	Macalester	24.80
9 Katelyn Siers	SO	Gustavus	24.86
10 Daya Tucker	JR	Carleton	24.90
11 Ella Hochstetler	SR	St. Kate's	24.97
12 Caitlyn Otto	SO	Gustavus	25.00
13 Zoe Morton	SR	Carleton	25.11
14 Alana Schmitzer	JR	St. Olaf	25.15
15 Jordyn Grotbo	JR	St. Kate's	25.17
16 Amalia Shields	SO	Macalester	25.29
17 Linnea Reinsmoen	SO	Gustavus	25.43
18 Kayla Chapman	FY	Macalester	25.55
19 Emma Yao	JR	Carleton	25.61
20 Geneva Fackler	SO	Gustavus	25.63
21 Josie Smith	FR	St. Olaf	25.67
22 Mary Morris	JR	St. Bens	25.80
23 Joely Anderson	FR	Gustavus	25.89
24 Ryann Hopp	SO	Hamline	25.94
25 Addie Marsolek	FR	St. Bens	25.96
26 Lydia Jostock	FR	St. Bens	26.06
27 Josie Thomas	SO	St. Bens	26.12
28 Carolyn Wolking	SO	Macalester	26.39
29 Lindsay Sundby	SR	Gustavus	26.51
30 Julia Goh	SO	Macalester	26.68
31 Samantha Villa	SO	Gustavus	26.96
32 Ellsa Sorenson-Wagner	SO	Hamline	27.49
33 Nicole Phillips	GS	Hamline	27.87
34 Carys Walsh	SO	St. Kate's	28.39
35 Brooke Frederick	SR	Hamline	28.45
36 Kate Watson	SO	Hamline	29.82
37 Allison Gray		Augsburg	30.71
38 Rosie Tran		Concordia	30.90
39 Amanda Cruz		Augsburg	35.20
40 Natalie Morrison	SO	Hamline	37.58
41 Willow Hansen	SR	Hamline	39.17
42 Nevaeh Needhum		Hamline	45.28

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Event 12 Women 1 mtr Diving

MEET Record:	463.45	2/17/2019	Gabby Page
MIAC Record:	485.40	12/6/2013	Renee Jordan
NCAA Div III:	515.90	3/25/2011	D. Roskos
Name	Yr	School	
1 Savannah Carr	SO	St. Olaf	NP
2 Emma Haines	SO	St. Olaf	NP
3 Zibby Hanifl	SR	St. Olaf	NP
4 Erica Johnson	SO	St. Olaf	NP
5 Alayna McCormick	FR	St. Olaf	NP
6 Taylor Williams	FR	St. Olaf	NP
7 Ella Kowalczyk	JR	St. Bens	NP
8 Emma Netland	SO	St. Bens	NP
9 Abby Stevens	SO	St. Bens	NP
10 Alex Koplovsky	SO	Macalester	NP
11 Maya Thomas	SO	Macalester	NP
12 Ainsley Kashatus	FY	Macalester	NP
13 Audri Freese	FR	Hamline	NP
14 Hailey Westrup	JR	Carleton	NP
15 Nina Schwab	SO	Carleton	NP
16 Katie Brown		Augsburg	NP
17 Gabriella Stoudt	SR	Gustavus	NP
18 Erin Hall	JR	Gustavus	NP
19 Annika Ohashi Berg	SO	Gustavus	NP
20 Molly McMullen		Concordia	NP

Event 13 Men 400 Yard Medley Relay

MEET Record:	3:19.15	2/15/2023	Gustavus
Strom, Ripkin, Richardson, Becker			
MIAC Record:	3:16.87	3/21/2013	St. Olaf College
Gratz, Kubat, Brebrick, Roe			
NCAA Div III:	3:10.51	3/16/2017	Emory
Ono, Wilson, Baker, Smith			
Team	Relay	Seed Time	
1 Gustavus		3:24.44	
2 Macalester		3:30.89	
3 Carleton		3:31.31	
4 St. Olaf		3:33.45	
5 St. Johns		3:41.64	
6 Hamline		4:08.93	

Event 14 Women 400 Yard Medley Relay

MEET Record:	3:46.83	2/17/2022	Saint Catherine University
A Baxley, J Wentzel, E Svendsen, M Klein			
MIAC Record:	3:45.55	3/17/2022	Saint Catherine University
A Voss, J Wentzel, E Svendsen, M Klein			
NCAA Div III:	3:38.05	3/17/2022	Kenyon
Smith, Fadley, Hart, Mirus			
Team	Relay	Seed Time	
1 St. Olaf		3:55.43	
2 St. Bens		3:57.80	
3 Carleton		3:58.89	
4 Macalester		3:59.36	
5 Gustavus		4:01.89	
6 St. Kate's		4:07.52	
7 Hamline		4:35.85	

8 Concordia 4:52.46

Event 15 Men 400 Yard IM

MEET Record:	3:55.70	2/20/2009	Ted Marshall
MIAC Record:	3:54.87	3/19/2009	Chris Bateman
NCAA Div III:	3:46.62	3/19/2015	H. Curley
Name	Yr	School	Seed Time
1 Brayden Slavik	SR	St. Johns	4:04.88
2 Britton Patee	FR	Gustavus	4:11.93
3 Aidynn Havermann	FR	Gustavus	4:14.84
4 Aiden Yung	SR	St. Olaf	4:15.71
5 Carson Rotter	FR	Carleton	4:18.09
6 Lincoln Cochran	FR	St. Johns	4:18.11
7 Ben Kell	JR	Gustavus	4:20.52
8 Logan Cyr	JR	Gustavus	4:21.12
9 Matthew Krogman	JR	Carleton	4:23.09
10 Kean Pajarillaga	SO	Macalester	4:29.11
11 Mason Deitering	FR	Gustavus	4:30.01
12 Trev Barton	SO	St. Johns	4:30.03
13 Mason Cote	SO	Gustavus	4:30.97
14 Isaac Snaza	FY	Macalester	4:31.50
15 Luis Flores	JR	St. Johns	4:33.28
16 Aaron Zhao	SO	Carleton	4:33.57
17 Brandon Wilcek	SR	Gustavus	4:34.50
18 John Rosseel	JR	Carleton	4:35.25
19 Jason Jones	SO	St. Johns	4:39.62
20 Eoin Porrata	FR	St. Olaf	4:41.24
21 Dylan Murphy	FR	St. Johns	4:41.44
22 Riley Yerks	SO	St. Johns	4:43.07
23 Jacob Loerzel	SO	St. Olaf	4:47.39
24 Boden Allen	SO	Macalester	4:53.02
25 Brennan Close	JR	St. Johns	4:56.24
26 Mason Saunders	FY	Macalester	4:57.45

Event 16 Women 400 Yard IM

MEET Record:	4:26.18	2/18/2022	Hannah Svendsen
MIAC Record:	4:17.50	12/3/2022	Jordyn Wentzel
NCAA Div III:	4:11.23	3/22/2025	S. Verkleeren
Name	Yr	School	Seed Time
1 Paige Steenblock	SR	St. Olaf	4:34.14
2 Molly Nuckolls	SO	Macalester	4:42.84
3 Olivia Weil	SR	St. Kate's	4:45.37
4 Annika Beck	FR	Gustavus	4:45.71
5 Karissa Bell	SO	St. Olaf	4:48.66
6 Stella Anderson Moye	JR	Gustavus	4:49.27
7 Poppy Wedding	FY	Macalester	4:49.38
8 Sommer Krause	SO	Gustavus	4:49.75
9 Kendall Coppersmith	JR	Gustavus	4:51.15
10 Hannah Zurn	SR	Macalester	4:51.60
11 Jay Young	FY	Macalester	4:51.66
12 Stephanie Baranov	SR	Carleton	4:55.59
13 Hadley Wartner	JR	Gustavus	4:56.18
14 Nadia Lanz	SR	Macalester	4:58.57
15 Annika Hensel	SO	Macalester	4:58.61
16 Aubrey Tran	JR	Carleton	5:00.10
17 Norah Gunderson	FR	St. Olaf	5:05.46
18 Natalie Chandler	SR	St. Kate's	5:06.08

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	Name	Yr	School	Seed Time
19	Jayda Alholm	JR	St. Bens	5:06.18
20	Felicia Symreng	JR	Gustavus	5:06.61
21	Olivia Stankiewicz-Goldsmi	FR	Carleton	5:09.77
22	Sierra Hermansen	SR	St. Kate's	5:10.53
23	Kaia Reeg	SO	St. Olaf	5:10.83
24	Izzy Green	FR	St. Bens	5:13.67
25	Claire Canfield	JR	St. Bens	5:13.93
26	Nicolette Harvey	SR	St. Kate's	5:16.38
27	Richanta Pollard	JR	St. Kate's	5:22.13
28	Leah Eneedy		Concordia	5:25.02
29	Maka Chikowero	SR	St. Kate's	5:28.15
30	Elizabeth Gilman	SO	St. Kate's	5:39.26
31	Isabel Harden	FR	St. Kate's	5:44.37

Event 17 Men 100 Yard Butterfly

MEET Record:	47.97	2/19/2016	Mike Lanz	
MIAC Record:	47.88	2/14/2015	Mike Lanz	
NCAA Div III:	45.97	3/16/2025	C. Costello	
	Name	Yr	School	Seed Time
1	Jackson Rankin	JR	Carleton	51.33
2	Aiden Carlson	JR	Gustavus	51.37
3	Declan Vahey	FR	Gustavus	51.51
4	Jack Homme	JR	St. Olaf	51.74
5	Warren Kozak	JR	Carleton	51.78
6	Keegan Jones	FR	Gustavus	52.50
7	William Wallace	SR	St. Olaf	52.66
8	Jack Schumacher	SO	Macalester	52.72
9	Neil Tollefson	FR	Carleton	53.00
10	Ben Kell	JR	Gustavus	53.25
11	Jacob Robischon	SO	Gustavus	53.45
12	Tommy Moore	JR	Macalester	53.62
13	Bode Thompson	SO	Macalester	53.75
14	Aiden Johnson	JR	Carleton	53.91
15	Will Sarkinen	SR	Gustavus	53.94
16	Eddie Barnes	FY	Macalester	53.97
17	Noah Lee	JR	Carleton	54.18
18	Daniel Cameron	SO	St. Olaf	54.78
19	Josh Wallin	FR	Gustavus	54.87
20	Cam Newton	FR	Carleton	54.90
21	Anders Bergren	FR	St. Olaf	54.95
22	Beau Giddings	SR	St. Olaf	55.19
23	Jackson Hovda	SO	St. Johns	55.26
24	Carsten Reuter	SR	St. Johns	55.55
25	Jamie Soutter	FY	Macalester	55.55
26	Logan Braley	SR	Gustavus	55.69
27	Brandon Wilcek	SR	Gustavus	55.75
28	Jeffrey Kong	SR	Carleton	56.15
29	David Lammers	FR	St. Johns	56.62
30	Casey Meretta	SR	Macalester	57.14
31	Eli Petrin	FR	St. Olaf	57.25
32	Manny Poscher	SO	Hamline	59.07
33	Andrew Roggeman	SR	St. Johns	59.87
34	Nathaniel Roberts	SO	St. Olaf	1:00.16
35	Tristan Popa	SO	Hamline	1:00.43

Event 18 Women 100 Yard Butterfly

MEET Record:	55.25	2/14/2014	Mariann Kukielka	
MIAC Record:	55.25	2/14/2014	Mariann Kukielka	
NCAA Div III:	52.64	3/20/2014	K. Nitz	
	Name	Yr	School	Seed Time
1	Haley Zelen	FR	St. Bens	54.72
2	Mckenna Hultgren	SO	St. Olaf	59.49
3	Madison Witte	JR	Gustavus	59.64
4	Izzy Uhlhorn-Thornton	SR	Macalester	59.68
5	Olivia Small	SO	St. Olaf	59.80
6	Linnea Reinsmoen	SO	Gustavus	59.85
7	Samantha Villa	SO	Gustavus	59.87
8	Emma Henry	SR	Macalester	59.94
9	Ella Hochstetler	SR	St. Kate's	1:00.13
10	Molly Nuckolls	SO	Macalester	1:00.15
11	Grace Hou	JR	Carleton	1:01.06
12	Josephine Larson	FR	St. Bens	1:01.16
13	Josie Smith	FR	St. Olaf	1:01.32
14	Lena Minetto	FR	St. Olaf	1:01.35
15	Maddie Tillmann	FR	St. Bens	1:02.10
16	Olivia Stankiewicz-Goldsmi	FR	Carleton	1:02.15
17	Anna Schottler	FR	St. Bens	1:02.21
18	Isabella Anderson	FR	St. Bens	1:03.01
19	Annika Hensel	SO	Macalester	1:03.02
20	Nora Wootten	JR	Carleton	1:03.21
21	Nadia Lanz	SR	Macalester	1:03.62
22	Ryann Hopp	SO	Hamline	1:04.65
23	Addie Marsolek	FR	St. Bens	1:04.74
24	Ella Grogan	SO	Carleton	1:05.07
25	Anna Sewich	FR	St. Kate's	1:05.30
26	Natalie Chandler	SR	St. Kate's	1:07.55
27	Bella Stadheim	SR	Hamline	1:13.35
28	Minerva Uribe-Cardenas	FR	Hamline	1:14.88
29	Vylet Frank		Concordia	1:20.97

Event 19 Men 200 Yard Freestyle

MEET Record:	1:38.12	2/14/2020	Nolan Larson	
MIAC Record:	1:38.12	2/14/2020	Nolan Larson	
NCAA Div III:	1:34.74	3/16/2023	J. McChesney	
	Name	Yr	School	Seed Time
1	Aiden Shermak	JR	Gustavus	1:43.27
2	Max Taufen	SO	Macalester	1:45.05
3	Charlie Newton	FR	Gustavus	1:45.21
4	Vince Schulze	FR	St. Johns	1:45.55
5	Brayden Slavik	SR	St. Johns	1:45.56
6	Carsten Reuter	SR	St. Johns	1:46.27
7	Travis Elling	SO	St. Olaf	1:46.34
8	Tommy Moore	JR	Macalester	1:46.60
9	Kean Pajarillaga	SO	Macalester	1:46.73
10	Leif Petricka	SO	Carleton	1:46.93
11	Logan Cyr	JR	Gustavus	1:47.37
12	Matthew Lillejord	JR	Gustavus	1:47.65
13	Logan Braley	SR	Gustavus	1:48.41
14	Braydon Ohrtman	FR	St. Johns	1:48.83
15	Thor Pearson	FR	Carleton	1:48.85
16	Luke Schmitzer	FR	Carleton	1:49.25

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Event 19 ... (Men 200 Yard Freestyle)

	Name	Yr	School	Seed Time
17	Trev Barton	SO	St. Johns	1:49.31
18	Eddie Barnes	FY	Macalester	1:49.49
19	Boden Allen	SO	Macalester	1:50.00
20	Evan Fouts	FY	Macalester	1:50.39
21	John Rosseel	JR	Carleton	1:51.90
22	Mason Deitering	FR	Gustavus	1:52.20
23	Tilghman Overton	SO	Macalester	1:52.27
24	Jackson Hovda	SO	St. Johns	1:53.07
25	Jackson Ling	FR	Hamline	1:53.34
26	Tj Palli	SR	Macalester	1:53.69
27	Casey Meretta	SR	Macalester	1:55.51
28	Christian Musenze	FR	St. Olaf	1:55.93
29	Ryan Mickelborough	JR	Macalester	1:56.71
30	Luis Flores	JR	St. Johns	1:58.20
31	Grant Ravndal	JR	St. Olaf	2:00.63
32	Andy DeClue	SO	Hamline	2:10.01

Event 20 Women 200 Yard Freestyle

MEET Record:	1:49.96	2/14/2019	Jordyn Wentzel	
MIAC Record:	1:48.26	3/22/2019	Jordyn Wentzel	
NCAA Div III:	1:44.82	3/24/2011	K. Stern	
	Name	Yr	School	Seed Time
1	Katie Homme	JR	St. Olaf	1:55.36
2	Amalia Shields	SO	Macalester	1:57.27
3	Sawyer Eastman	SO	St. Olaf	1:57.45
4	Mary Morris	JR	St. Bens	1:57.58
5	Geneva Fackler	SO	Gustavus	1:57.83
6	Caitlyn Otto	SO	Gustavus	1:57.95
7	Leah Felton	FR	Gustavus	1:57.98
8	Maya Tellez	SO	Macalester	1:58.30
9	Julia Michalski	FR	Carleton	1:58.43
10	Stella Anderson Moye	JR	Gustavus	1:59.33
11	Annika Beck	FR	Gustavus	1:59.61
12	Teresa Gatti	SO	Gustavus	1:59.98
13	McKelvey McDaniel	SO	St. Olaf	2:00.01
14	Morgan Stout	SR	St. Bens	2:00.07
15	Chelsea Andersen	SO	Carleton	2:00.43
16	Jordyn Grotbo	JR	St. Kate's	2:00.51
17	Zoe Morton	SR	Carleton	2:00.71
18	Hannah Zurn	SR	Macalester	2:01.24
19	Lena Minetto	FR	St. Olaf	2:01.31
20	Anna Schottler	FR	St. Bens	2:01.31
21	Kaia Churness	FR	Gustavus	2:01.56
22	Ella Grogan	SO	Carleton	2:01.84
23	Lauren Sitzman	SR	St. Bens	2:02.28
24	Kayla Chapman	FY	Macalester	2:02.80
25	Stephanie Baranov	SR	Carleton	2:03.33
26	Ella Franklin	FY	Macalester	2:03.38
27	Nicolette Harvey	SR	St. Kate's	2:03.54
28	Jayda Alholm	JR	St. Bens	2:03.98
29	Lily Wong	SR	Carleton	2:04.25
30	Maddie Brynda	FR	St. Bens	2:04.33
31	Lulu Martin Del Campo	SO	Carleton	2:04.83
32	Ava Shaker	JR	Carleton	2:04.94
33	Olivia Hopewell	SR	St. Olaf	2:05.08

34	Ellie Porrata	SR	St. Olaf	2:05.28
35	Nora Wootten	JR	Carleton	2:05.93
36	Shea Bradley	JR	St. Kate's	2:06.00
37	Anna Wurtz	SO	Macalester	2:07.07
38	Claire Stretanski	JR	Macalester	2:08.03
39	Megan Gunderson	FR	Hamline	2:12.79
40	Carys Walsh	SO	St. Kate's	2:14.71
41	Cori Dawson	SO	Hamline	2:15.34
42	Danielle Hobbs		Augsburg	2:20.75
43	Vylet Frank		Concordia	2:24.04
44	Brooke Frederick	SR	Hamline	2:30.01
45	Kaia Anderson		Augsburg	2:44.91
46	Nevaeh Needhum		Hamline	3:58.74

Event 21 Men 100 Yard Breaststroke

MEET Record:	54.28	2/16/2019	Tanner Sonnek	
MIAC Record:	54.28	2/16/2019	Tanner Sonnek	
NCAA Div III:	50.94	3/17/2017	A. Wilson	
	Name	Yr	School	Seed Time
1	Braden Ripken	JR	Gustavus	54.73
2	Nick Starceovich	SR	St. Olaf	58.72
3	Aiden Carlson	JR	Gustavus	58.82
4	Brandon Wilcek	SR	Gustavus	59.35
5	Will St. John	SR	Macalester	59.62
6	Clay Megaw	SR	St. Johns	59.69
7	Mason Cote	SO	Gustavus	1:00.19
8	Tj Palli	SR	Macalester	1:00.23
9	Alex Lee	JR	Carleton	1:00.32
10	Luke Schmitzer	FR	Carleton	1:01.17
11	Cam Newton	FR	Carleton	1:01.19
12	Jason Jones	SO	St. Johns	1:01.37
13	Jeffrey Kong	SR	Carleton	1:01.37
14	Lincoln Cochran	FR	St. Johns	1:01.57
15	Max Taufen	SO	Macalester	1:02.07
16	Brennan Close	JR	St. Johns	1:03.35
17	Spencer Laga	FY	Macalester	1:04.73
18	Dylan Murphy	FR	St. Johns	1:05.35
19	Jacob Loerzel	SO	St. Olaf	1:06.07
20	Eli Petrin	FR	St. Olaf	1:06.29
21	Simon Nyangamoi	JR	St. Johns	1:07.20
22	Thor Pearson	FR	Carleton	1:07.29
23	Gavin Karpe	FR	Hamline	1:16.86

Event 22 Women 100 Yard Breaststroke

MEET Record:	1:01.15	2/18/2022	Jordyn Wentzel	
MIAC Record:	1:00.72	3/22/2019	Jordyn Wentzel	
NCAA Div III:	59.77	3/23/2018	K. Kustritz	
	Name	Yr	School	Seed Time
1	Haley Zelen	FR	St. Bens	1:05.16
2	Izzy Uhlhorn-Thornton	SR	Macalester	1:05.93
3	Emma Yao	JR	Carleton	1:06.17
4	Samantha Sylvester	JR	St. Olaf	1:07.27
5	Julia Michalski	FR	Carleton	1:07.48
6	Olivia Weil	SR	St. Kate's	1:08.17
7	Alana Schmitzer	JR	St. Olaf	1:09.09
8	Megan Bartels	SR	St. Bens	1:09.29
9	Carolyn Wolking	SO	Macalester	1:09.57

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Event 22 ... (Women 100 Yard Breaststroke)

	Name	Yr	School	Seed Time
10	Bryn Ashland	JR	Carleton	1:09.62
11	Zoe Morton	SR	Carleton	1:09.87
12	Bella Kern	FR	St. Bens	1:10.08
13	Hadley Wartner	JR	Gustavus	1:10.31
14	Sommer Krause	SO	Gustavus	1:10.84
15	Linnea Reinsmoen	SO	Gustavus	1:11.07
16	Norah Gunderson	FR	St. Olaf	1:11.12
17	Lindsay Sundby	SR	Gustavus	1:11.49
18	Jay Young	FY	Macalester	1:11.77
19	Nicole Tilzer	JR	Macalester	1:12.28
20	Daya Tucker	JR	Carleton	1:12.63
21	Lydia Jostock	FR	St. Bens	1:13.09
22	Poppy Wedding	FY	Macalester	1:13.51
23	Julia Goh	SO	Macalester	1:13.94
24	Kaia Reeg	SO	St. Olaf	1:14.14
25	Sierra Hermansen	SR	St. Kate's	1:14.68
26	Isabella Anderson	FR	St. Bens	1:15.36
27	Nicole Phillips	GS	Hamline	1:15.77
28	Leah Eneidy		Concordia	1:17.24
29	Aubrey Tran	JR	Carleton	1:18.02
30	Hanne Graham Lawver	FR	St. Kate's	1:18.26
31	Amanda Cruz		Augsburg	1:23.00
32	Kate Watson	SO	Hamline	1:34.16

Event 23 Men 100 Yard Backstroke

MEET Record:	48.69	2/19/2010	Peter Mullee	
MIAC Record:	48.63	3/18/2010	Peter Mullee	
NCAA Div III:	45.75	3/17/2023	T. Filion	
	Name	Yr	School	Seed Time
1	Josh Wallin	FR	Gustavus	50.84
2	Declan Vahey	FR	Gustavus	50.94
3	Kean Pajarillaga	SO	Macalester	51.67
4	Nicholas Chang	SR	Carleton	52.47
5	Aidynn Havermann	FR	Gustavus	53.36
6	Will Sarkinen	SR	Gustavus	54.08
7	Beau Giddings	SR	St. Olaf	54.49
8	Dawson Lee	FR	Carleton	54.91
9	Matthew Lillejord	JR	Gustavus	55.05
10	Aaron Zhao	SO	Carleton	55.37
11	Jamie Soutter	FY	Macalester	55.44
12	Luke Williams	JR	St. Olaf	55.66
13	Jackson Rankin	JR	Carleton	56.29
14	Riley Yerks	SO	St. Johns	57.64
15	Nate Cox	SO	St. Olaf	57.72
16	Andrew Roggeman	SR	St. Johns	57.97
17	Tanner Betts	FR	St. Johns	58.79
18	Gus Shaffer	SO	Hamline	58.90
19	Oskar Helgen	FR	St. Olaf	59.49
20	Aiden Johnson	JR	Carleton	1:00.17
21	Mason Saunders	FY	Macalester	1:00.42
22	Matias Vega	FR	Hamline	1:03.43
23	Leo Griffley-Byram	SR	St. Olaf	1:05.28
24	Evan Poeschel	SR	Hamline	1:11.56

Event 24 Women 100 Yard Backstroke

MEET Record:	55.26	2/14/2014	Alissa Tinklenberg	
MIAC Record:	54.86	2/14/2015	Emma Paulson	
NCAA Div III:	53.41	3/22/2025	K.Augustyn	
	Name	Yr	School	Seed Time
1	Olivia Small	SO	St. Olaf	57.04
2	Katelyn Siers	SO	Gustavus	58.38
3	Grace Hou	JR	Carleton	58.59
4	Mary Morris	JR	St. Bens	59.22
5	Emma Henry	SR	Macalester	59.45
6	Geneva Fackler	SO	Gustavus	59.54
7	Julia Michalski	FR	Carleton	1:00.22
8	Joely Anderson	FR	Gustavus	1:00.31
9	Kayla Chapman	FY	Macalester	1:00.58
10	Ella Hochstetler	SR	St. Kate's	1:00.75
11	Lilly Soillis	SO	Carleton	1:01.21
12	Lauren Sitzman	SR	St. Bens	1:01.26
13	Felicia Symreng	JR	Gustavus	1:01.49
14	Lily Wong	SR	Carleton	1:01.51
15	Maya Geddes	FR	Carleton	1:01.65
16	Ellsa Sorenson-Wagner	SO	Hamline	1:01.67
17	Josie Hauck	FR	St. Olaf	1:01.77
18	Mckenna Hultgren	SO	St. Olaf	1:01.78
19	Nadia Lanz	SR	Macalester	1:01.97
20	Caitlyn Otto	SO	Gustavus	1:02.33
21	Josie Thomas	SO	St. Bens	1:02.46
22	Natalie Chandler	SR	St. Kate's	1:03.72
23	Kendall Coppersmith	JR	Gustavus	1:03.77
24	Ava Shaker	JR	Carleton	1:04.67
25	Claire Canfield	JR	St. Bens	1:04.70
26	Carolyn Wolking	SO	Macalester	1:05.87
27	Shea Bradley	JR	St. Kate's	1:06.19
28	Anna Sewich	FR	St. Kate's	1:08.01
29	Hanne Graham Lawver	FR	St. Kate's	1:10.36
30	Minerva Uribe-Cardenas	FR	Hamline	1:11.25
31	Christina Moore		Concordia	1:12.26
32	Katarina Kocher	JR	Hamline	1:13.59
33	Rosie Tran		Concordia	1:18.50
34	Allison Gray		Augsburg	1:19.61
35	Kaia Anderson		Augsburg	1:24.19
36	Natalie Morrison	SO	Hamline	1:27.26

Event 25 Men 1 mtr Diving

MEET Record:	578.95	2/15/2001	Gabe Kortuem	
MIAC Record:	600.40	3/14/2000	Gabe Korteum	
NCAA Div III:	578.70	2/14/2014	Connor Dignan	
	Name	Yr	School	
1	Cody Watts	JR	St. Johns	NP
2	Henry Hilgendorf	SO	St. Johns	NP
3	Timothy Rotter	SR	St. Johns	NP
4	Dylan Herlihy	SR	Macalester	NP
5	Miles Rimmel	FY	Macalester	NP
6	Kevin Bossou	SR	Hamline	NP
7	Hans Anderson	SR	Carleton	NP
8	Charlie Ruppe	SR	Carleton	NP
9	Jesse Lindholm	JR	Carleton	NP

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Event 26 Men 200 Yard Freestyle Relay**MEET Record:** 1:21.44 2/15/2018 St. Thomas

Negaard, Biwer, Neilsen, Hynes

MIAC Record: 1:21.44 2/15/2018 St. Thomas

Negaard, Biwer, Neilsen, Hynes

NCAA Div III: 1:18.06 3/12/2012 Kenyon

Somers, Turk, Richardson, Ramsey

Team	Relay	Seed Time
1 Gustavus		1:25.18
2 St. Johns		1:25.73
3 St. Olaf		1:26.60
4 Carleton		1:27.70
5 Macalester		1:27.80
6 Hamline		1:36.24

Event 27 Women 200 Yard Freestyle Relay**MEET Record:** 1:33.49 2/16/2017 St. Thomas

Molitor, Paulson, Strauss, Howard

MIAC Record: 1:33.49 2/16/2017 St. Thomas

Molitor, Paulson, Strauss, Howard

NCAA Div III: 1:30.00 3/17/2025 MIT

Turvey, Smith, Roberson, Naveen

Team	Relay	Seed Time
1 St. Olaf		1:37.10
2 Carleton		1:38.17
3 St. Bens		1:38.30
4 Gustavus		1:38.43
5 Macalester		1:40.52
6 St. Kate's		1:42.21
7 Hamline		1:47.75
8 Concordia		1:54.32
9 Augsburg		2:05.91

Event 28 Men 1650 Yard Freestyle**MEET Record:** 15:36.96 2/19/2011 Whitaker Davis**MIAC Record:** 15:36.96 2/19/2011 Whitaker Davis**NCAA Div III:** 14:56.44 12/1/2016 A. Conover

Name	Yr	School	Seed Time
1 Brayden Slavik	SR	St. Johns	15:43.14
2 Matthew Krogman	JR	Carleton	16:53.20
3 Britton Patee	FR	Gustavus	16:56.67
4 Mason Deitering	FR	Gustavus	17:10.22
5 Eddie Barnes	FY	Macalester	17:12.86
6 Carson Rotter	FR	Carleton	17:14.88
7 Trev Barton	SO	St. Johns	17:15.02
8 Travis Elling	SO	St. Olaf	17:40.06
9 Braydon Ohrtman	FR	St. Johns	17:44.85
10 Luis Flores	JR	St. Johns	17:48.41
11 Isaac Snaza	FY	Macalester	18:04.39
12 Jackson Ling	FR	Hamline	18:11.33
13 Mason Saunders	FY	Macalester	18:27.56
14 Dylan Murphy	FR	St. Johns	18:49.92
15 Tilghman Overton	SO	Macalester	18:51.33
16 Brennan Close	JR	St. Johns	19:17.84
17 Ryan Mickelborough	JR	Macalester	19:27.20
18 Evan Poeschel	SR	Hamline	24:34.74

Event 29 Women 1650 Yard Freestyle**MEET Record:** 16:43.43 2/19/2022 Maggie Menso**MIAC Record:** 16:43.43 2/19/2022 Maggie Menso**NCAA Div III:** 16:17.84 3/21/2025 N. Garre

Name	Yr	School	Seed Time
1 Annika Beck	FR	Gustavus	17:58.12
2 Molly Nuckolls	SO	Macalester	17:59.76
3 Jay Young	FY	Macalester	18:12.80
4 Chelsea Andersen	SO	Carleton	18:18.01
5 Olivia Weil	SR	St. Kate's	18:19.31
6 Stephanie Baranov	SR	Carleton	18:34.12
7 Morgan Stout	SR	St. Bens	18:36.89
8 Ella Franklin	FY	Macalester	18:37.97
9 Karissa Bell	SO	St. Olaf	18:40.44
10 Kaia Churness	FR	Gustavus	18:56.78
11 Teresa Gatti	SO	Gustavus	18:59.02
12 McKelvey McDaniel	SO	St. Olaf	19:02.11
13 Ava Shaker	JR	Carleton	19:10.44
14 Ellie Porrata	SR	St. Olaf	19:13.71
15 Maddie Brynda	FR	St. Bens	19:22.20
16 Nicolette Harvey	SR	St. Kate's	19:35.83
17 Claire Stretanski	JR	Macalester	19:36.18
18 Karina Chattopadhyay	FR	St. Kate's	19:47.13
19 Anna Wurtz	SO	Macalester	19:47.50
20 Izzy Green	FR	St. Bens	19:50.31
21 Lulu Martin Del Campo	SO	Carleton	20:01.73
22 Shea Bradley	JR	St. Kate's	20:04.55
23 Anna Sewich	FR	St. Kate's	20:32.95
24 Bella Stadheim	SR	Hamline	21:19.06
25 Clare Cook	JR	St. Kate's	21:21.48
26 Danielle Hobbs		Augsburg	21:23.22
27 Katarina Kocher	JR	Hamline	22:27.71

Event 30 Men 200 Yard Backstroke**MEET Record:** 1:47.34 2/20/2010 Peter Mullee**MIAC Record:** 1:46.85 3/21/2009 Peter Mullee**NCAA Div III:** 1:41.17 3/18/2023 T. Filion

Name	Yr	School	Seed Time
1 Declan Vahey	FR	Gustavus	1:52.43
2 Nicholas Chang	SR	Carleton	1:55.44
3 Kean Pajarillaga	SO	Macalester	1:55.81
4 Brayden Slavik	SR	St. Johns	1:56.32
5 Aidynn Havermann	FR	Gustavus	1:57.46
6 Charlie Newton	FR	Gustavus	1:59.79
7 Josh Wallin	FR	Gustavus	2:00.92
8 Jamie Soutter	FY	Macalester	2:01.87
9 Beau Giddings	SR	St. Olaf	2:02.62
10 Matthew Lillejord	JR	Gustavus	2:03.20
11 Logan Cyr	JR	Gustavus	2:03.45
12 Will Sarkinen	SR	Gustavus	2:04.41
13 Dawson Lee	FR	Carleton	2:04.52
14 Luke Williams	JR	St. Olaf	2:05.01
15 Casey Meretta	SR	Macalester	2:05.70
16 Riley Yerks	SO	St. Johns	2:05.74
17 Gus Shaffer	SO	Hamline	2:07.06
18 Mason Saunders	FY	Macalester	2:07.31

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Event 30 ... (Men 200 Yard Backstroke)

	Name	Yr	School	Seed Time
19	Nate Cox	SO	St. Olaf	2:08.02
20	Bode Thompson	SO	Macalester	2:08.30
21	Aaron Zhao	SO	Carleton	2:08.89
22	Isaac Snaza	FY	Macalester	2:09.15
23	Andrew Roggeman	SR	St. Johns	2:09.40
24	Oskar Helgen	FR	St. Olaf	2:11.41
25	Tanner Betts	FR	St. Johns	2:13.36
26	Matias Vega	FR	Hamline	2:20.32
27	Evan Poeschel	SR	Hamline	2:55.36

Event 31 Women 200 Yard Backstroke

MEET Record: 1:58.80 2/18/2017 Emma Paulson				
MIAC Record: 1:57.51 3/16/2015 Emma Paulson				
NCAA Div III: 1:55.67 3/24/2018 C. Hart				
	Name	Yr	School	Seed Time
1	Olivia Small	SO	St. Olaf	2:05.95
2	Mary Morris	JR	St. Bens	2:06.95
3	Geneva Fackler	SO	Gustavus	2:08.64
4	Hannah Zurn	SR	Macalester	2:10.06
5	Emma Henry	SR	Macalester	2:10.62
6	Lilly Soillis	SO	Carleton	2:13.33
7	Katelyn Siers	SO	Gustavus	2:13.45
8	Josie Hauck	FR	St. Olaf	2:13.49
9	Lauren Sitzman	SR	St. Bens	2:13.50
10	Kendall Coppersmith	JR	Gustavus	2:13.79
11	Felicia Symreng	JR	Gustavus	2:13.93
12	Grace Hou	JR	Carleton	2:14.31
13	Nadia Lanz	SR	Macalester	2:14.52
14	Teresa Gatti	SO	Gustavus	2:14.66
15	Lily Wong	SR	Carleton	2:14.81
16	Jordyn Grotbo	JR	St. Kate's	2:14.85
17	Joely Anderson	FR	Gustavus	2:16.95
18	Ellsa Sorenson-Wagner	SO	Hamline	2:17.13
19	Maddie Tillmann	FR	St. Bens	2:17.78
20	Natalie Chandler	SR	St. Kate's	2:17.89
21	Josie Thomas	SO	St. Bens	2:18.96
22	Ava Shaker	JR	Carleton	2:19.07
23	Ella Hochstetler	SR	St. Kate's	2:19.59
24	Claire Canfield	JR	St. Bens	2:20.20
25	Poppy Wedding	FY	Macalester	2:20.40
26	Ella Franklin	FY	Macalester	2:21.28
27	Anna Sewich	FR	St. Kate's	2:26.55
28	Richanta Pollard	JR	St. Kate's	2:27.98
29	Christina Moore		Concordia	2:34.53
30	Elizabeth Gilman	SO	St. Kate's	2:34.66
31	Hanne Graham Lawver	FR	St. Kate's	2:34.73
32	Clare Cook	JR	St. Kate's	2:34.85
33	Rosie Tran		Concordia	2:45.48
34	Natalie Morrison	SO	Hamline	3:04.87

Event 32 Men 100 Yard Freestyle

MEET Record: 44.52 2/16/2013 Erik Klontz				
MIAC Record: 44.52 2/16/2013 Erik Klontz				
NCAA Div III: 42.88 3/24/2025 M. Cory				
	Name	Yr	School	Seed Time
1	Carsten Reuter	SR	St. Johns	47.05
2	Nick Starceovich	SR	St. Olaf	47.27
3	Max Taufen	SO	Macalester	47.36
4	Aiden Shermak	JR	Gustavus	47.50
5	Jack Homme	JR	St. Olaf	47.59
6	Logan Braley	SR	Gustavus	47.62
7	Braden Ripken	JR	Gustavus	47.72
8	Neil Tollefson	FR	Carleton	47.80
9	Tj Palli	SR	Macalester	48.04
10	Josh Wallin	FR	Gustavus	48.07
11	Tommy Moore	JR	Macalester	48.10
12	Logan Cyr	JR	Gustavus	48.18
13	Keegan Jones	FR	Gustavus	48.43
14	Declan Vahey	FR	Gustavus	48.44
15	Vince Schulze	FR	St. Johns	48.49
16	Noah Lee	JR	Carleton	48.56
17	Leif Petricka	SO	Carleton	48.68
18	Thor Pearson	FR	Carleton	48.79
19	Matthew Lillejord	JR	Gustavus	48.79
20	Travis Elling	SO	St. Olaf	48.93
21	Will Sarkinen	SR	Gustavus	48.96
22	William Wallace	SR	St. Olaf	49.32
23	John Rosseel	JR	Carleton	49.46
24	Casey Meretta	SR	Macalester	49.61
25	Luke Williams	JR	St. Olaf	49.74
26	Braydon Ohrtman	FR	St. Johns	49.78
27	Jackson Hovda	SO	St. Johns	49.84
28	Jack Schumacher	SO	Macalester	49.90
29	Jamie Soutter	FY	Macalester	49.98
30	Anders Bergren	FR	St. Olaf	50.17
31	David Lammers	FR	St. Johns	50.77
32	Tilghman Overton	SO	Macalester	50.79
33	Evan Fouts	FY	Macalester	51.53
34	Boden Allen	SO	Macalester	51.55
35	Ryan Mickelborough	JR	Macalester	51.77
36	Manny Poscher	SO	Hamline	51.80
37	Christian Musenze	FR	St. Olaf	51.90
38	Grant Ravndal	JR	St. Olaf	52.58
39	Leo Griffley-Byram	SR	St. Olaf	54.92
40	Andy DeClue	SO	Hamline	55.02
41	Gavin Karpe	FR	Hamline	57.41
42	Evan Poeschel	SR	Hamline	1:00.71

Event 33 Women 100 Yard Freestyle

MEET Record: 49.73 2/22/2003 Marie Marsman				
MIAC Record: 49.46 3/15/2005 Marie Marsman				
NCAA Div III: 48.53 3/20/2025 K. McIntyre				
	Name	Yr	School	Seed Time
1	Haley Zelen	FR	St. Bens	50.79
2	Katie Homme	JR	St. Olaf	51.63
3	Julia Michalski	FR	Carleton	52.55

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Event 33 ...(Women 100 Yard Freestyle)

	Name	Yr	School	Seed Time
4	Leah Felton	FR	Gustavus	53.56
5	Stella Anderson Moye	JR	Gustavus	53.60
6	Caitlyn Otto	SO	Gustavus	53.70
7	Sawyer Eastman	SO	St. Olaf	53.75
8	Amalia Shields	SO	Macalester	53.83
9	Geneva Fackler	SO	Gustavus	53.88
10	Anna Schottler	FR	St. Bens	54.02
11	Maya Geddes	FR	Carleton	54.22
12	Samantha Sylvester	JR	St. Olaf	54.26
13	Katelyn Siers	SO	Gustavus	54.53
14	Teresa Gatti	SO	Gustavus	54.95
15	Zoe Morton	SR	Carleton	55.15
16	Daya Tucker	JR	Carleton	55.26
17	Emma Henry	SR	Macalester	55.27
18	Alana Schmitzer	JR	St. Olaf	55.42
19	Jordyn Grotbo	JR	St. Kate's	55.50
20	Ella Hochstetler	SR	St. Kate's	55.88
21	Kaia Churness	FR	Gustavus	56.01
22	Kayla Chapman	FY	Macalester	56.33
23	Addie Marsolek	FR	St. Bens	56.61
24	Maya Tellez	SO	Macalester	56.70
25	Ella Grogan	SO	Carleton	56.81
26	Chelsea Andersen	SO	Carleton	56.86
27	Lulu Martin Del Campo	SO	Carleton	56.88
28	Jayda Alholm	JR	St. Bens	57.47
29	Ella Franklin	FY	Macalester	57.50
30	Lydia Jostock	FR	St. Bens	58.38
31	Shea Bradley	JR	St. Kate's	58.40
32	Stephanie Baranov	SR	Carleton	59.21
33	Ryann Hopp	SO	Hamline	1:00.10
34	Tinsley Porter		Concordia	1:00.72
35	Cori Dawson	SO	Hamline	1:01.23
36	Bella Stadheim	SR	Hamline	1:02.13
37	Carys Walsh	SO	St. Kate's	1:02.59
38	Minerva Uribe-Cardenas	FR	Hamline	1:03.73
39	Megan Gunderson	FR	Hamline	1:04.01
40	Brooke Frederick	SR	Hamline	1:04.65
41	Vylet Frank		Concordia	1:04.72
42	Kate Watson	SO	Hamline	1:08.55
43	Rosie Tran		Concordia	1:10.44
44	Allison Gray		Augsburg	1:11.05
45	Kaia Anderson		Augsburg	1:14.66
46	Willow Hansen	SR	Hamline	1:28.39
47	Nevaeh Needhum		Hamline	1:41.23

Event 34 Men 200 Yard Breaststroke

MEET Record:	1:59.82	2/17/2019	Tanner Sonnek	
MIAC Record:	1:58.86	12/21/2008	Nelson Westby	
NCAA Div III:	1:50.80	3/18/2017	A. Wilson	
	Name	Yr	School	Seed Time
1	Aiden Yung	SR	St. Olaf	2:05.93
2	Aiden Carlson	JR	Gustavus	2:08.79
3	Will St. John	SR	Macalester	2:09.16
4	Mason Cote	SO	Gustavus	2:11.33
5	Braden Ripken	JR	Gustavus	2:12.65

6	Clay Megaw	SR	St. Johns	2:12.74
7	Alex Lee	JR	Carleton	2:14.11
8	Lincoln Cochran	FR	St. Johns	2:14.27
9	Brandon Wilcek	SR	Gustavus	2:14.49
10	Carson Rotter	FR	Carleton	2:15.18
11	Jason Jones	SO	St. Johns	2:15.31
12	Cam Newton	FR	Carleton	2:15.83
13	Luke Schmitzer	FR	Carleton	2:17.74
14	Aaron Zhao	SO	Carleton	2:18.40
15	Eli Petrin	FR	St. Olaf	2:19.50
16	Jeffrey Kong	SR	Carleton	2:20.19
17	Spencer Laga	FY	Macalester	2:20.47
18	Brennan Close	JR	St. Johns	2:21.01
19	Dylan Murphy	FR	St. Johns	2:22.25
20	Eoin Porrata	FR	St. Olaf	2:22.55
21	Jacob Loerzel	SO	St. Olaf	2:26.07
22	Simon Nyangamoi	JR	St. Johns	2:26.51
23	Evan Fouts	FY	Macalester	2:46.02
24	Gavin Karpe	FR	Hamline	3:01.00

Event 35 Women 200 Yard Breaststroke

MEET Record:	2:10.66	2/19/2022	Jordyn Wentzel	
MIAC Record:	2:10.06	3/19/2022	Jordyn Wentzel	
NCAA Div III:	2:10.06	3/19/2022	Jordyn Wentzel	
	Name	Yr	School	Seed Time
1	Paige Steenblock	SR	St. Olaf	2:25.08
2	Izzy Uhlhorn-Thornton	SR	Macalester	2:25.47
3	Olivia Weil	SR	St. Kate's	2:26.85
4	Carolyn Wolking	SO	Macalester	2:29.63
5	Hadley Wartner	JR	Gustavus	2:30.03
6	Lindsay Sundby	SR	Gustavus	2:31.24
7	Bryn Ashland	JR	Carleton	2:31.76
8	Bella Kern	FR	St. Bens	2:31.81
9	Emma Yao	JR	Carleton	2:32.12
10	Megan Bartels	SR	St. Bens	2:32.24
11	Alana Schmitzer	JR	St. Olaf	2:32.89
12	Aubrey Tran	JR	Carleton	2:33.79
13	Norah Gunderson	FR	St. Olaf	2:34.15
14	Poppy Wedding	FY	Macalester	2:36.15
15	Sommer Krause	SO	Gustavus	2:36.87
16	Nicole Tilzer	JR	Macalester	2:37.31
17	Sierra Hermansen	SR	St. Kate's	2:39.11
18	Kaia Reeg	SO	St. Olaf	2:39.51
19	Isabella Anderson	FR	St. Bens	2:42.22
20	Leah Enedy		Concordia	2:43.36
21	Julia Goh	SO	Macalester	2:43.77
22	Lydia Jostock	FR	St. Bens	2:45.05
23	Richanta Pollard	JR	St. Kate's	2:46.87
24	Maka Chikowero	SR	St. Kate's	2:47.45
25	Nicole Phillips	GS	Hamline	2:50.55
26	Elizabeth Gilman	SO	St. Kate's	2:51.68
27	Hanne Graham Lawver	FR	St. Kate's	2:52.85
28	Amanda Cruz		Augsburg	3:04.73

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Event 36 Men 200 Yard Butterfly

MEET Record:	1:48.73	2/16/2015	Mike Lanz
MIAC Record:	1:45.76	2/16/2015	Mike Lanz
NCAA Div III:	1:43.96	3/17/2023	F. Applebaum
Name	Yr	School	Seed Time
1 Britton Patee	FR	Gustavus	1:55.49
2 Aiden Shermak	JR	Gustavus	1:56.46
3 Jackson Rankin	JR	Carleton	1:57.01
4 Eddie Barnes	FY	Macalester	1:58.05
5 Ben Kell	JR	Gustavus	1:58.52
6 Aiden Johnson	JR	Carleton	1:59.43
7 Jacob Robischon	SO	Gustavus	2:00.26
8 Warren Kozak	JR	Carleton	2:00.51
9 Bode Thompson	SO	Macalester	2:01.14
10 Daniel Cameron	SO	St. Olaf	2:03.41
11 Charlie Newton	FR	Gustavus	2:05.82
12 Boden Allen	SO	Macalester	2:06.91
13 Luis Flores	JR	St. Johns	2:08.46
14 Jack Schumacher	SO	Macalester	2:08.57
15 Jeffrey Kong	SR	Carleton	2:09.62
16 Nathaniel Roberts	SO	St. Olaf	2:10.61
17 Anders Bergren	FR	St. Olaf	2:14.47
18 Tristan Popa	SO	Hamline	2:26.95
19 David Lammers	FR	St. Johns	2:27.59
20 Ryan Mickelborough	JR	Macalester	2:29.50

Event 37 Women 200 Yard Butterfly

MEET Record:	2:03.61	2/18/2017	Katelyn Strauss
MIAC Record:	2:01.82	12/7/2019	Jordyn Wentzel
NCAA Div III:	1:55.66	3/23/2012	L. Todhunter
Name	Yr	School	Seed Time
1 Molly Nuckolls	SO	Macalester	2:10.42
2 Mckenna Hultgren	SO	St. Olaf	2:12.16
3 Madison Witte	JR	Gustavus	2:13.44
4 Paige Steenblock	SR	St. Olaf	2:14.07
5 Josephine Larson	FR	St. Bens	2:14.24
6 Lena Minetto	FR	St. Olaf	2:14.73
7 Hannah Zurn	SR	Macalester	2:15.75
8 Annika Beck	FR	Gustavus	2:17.08
9 Annika Hensel	SO	Macalester	2:18.31
10 Samantha Villa	SO	Gustavus	2:18.41
11 Hadley Wartner	JR	Gustavus	2:19.46
12 Sommer Krause	SO	Gustavus	2:19.81
13 Linnea Reinsmoen	SO	Gustavus	2:21.78
14 Josie Smith	FR	St. Olaf	2:22.57
15 Olivia Stankiewicz-Goldsmi	FR	Carleton	2:22.97
16 Izzy Green	FR	St. Bens	2:23.57
17 Nora Wootten	JR	Carleton	2:23.95
18 Aubrey Tran	JR	Carleton	2:26.48
19 Isabella Anderson	FR	St. Bens	2:28.07
20 Olivia Hopewell	SR	St. Olaf	2:28.16
21 Karina Chattopadhyay	FR	St. Kate's	2:28.59
22 Anna Sewich	FR	St. Kate's	2:29.67
23 Maddie Tillmann	FR	St. Bens	2:34.47
24 Ryann Hopp	SO	Hamline	2:35.65
25 Isabel Harden	FR	St. Kate's	2:46.90

Event 38 Women 3 mtr Diving

MEET Record:	524.65	2/17/2001	Angie Soucek
MIAC Record:	524.65	2/17/2001	Angie Soucek
NCAA Div III:	517.10	3/20/2010	H. Emerick
Name	Yr	School	
1 Savannah Carr	SO	St. Olaf	NP
2 Emma Haines	SO	St. Olaf	NP
3 Zibby Hanifl	SR	St. Olaf	NP
4 Alayna McCormick	FR	St. Olaf	NP
5 Ella Kowalczyk	JR	St. Bens	NP
6 Emma Netland	SO	St. Bens	NP
7 Abby Stevens	SO	St. Bens	NP
8 Alex Koplovsky	SO	Macalester	NP
9 Maya Thomas	SO	Macalester	NP
10 Ainsley Kashatus	FY	Macalester	NP
11 Audri Freese	FR	Hamline	NP
12 Hailey Westrup	JR	Carleton	NP
13 Nina Schwab	SO	Carleton	NP
14 Katie Brown		Augsburg	NP
15 Gabriella Stoudt	SR	Gustavus	NP
16 Erin Hall	JR	Gustavus	NP
17 Annika Ohashi Berg	SO	Gustavus	NP

Event 39 Men 400 Yard Freestyle Relay

MEET Record:	3:00.89	2/16/2023	Gustavus Adolphus College
Becker, Small, Hudson, Strom			
MIAC Record:	3:00.89	2/17/2023	Gustavus Adolphus College
Becker, Small, Hudson, Strom			
NCAA Div III:	2:53.59	3/24/2012	Kenyon
Somers, Turk, Ramsey, Richardson			

Team	Relay	Seed Time
1 Gustavus		3:08.47
2 St. Olaf		3:11.33
3 St. Johns		3:11.93
4 Macalester		3:12.23
5 Carleton		3:13.83
6 Hamline		3:41.15

Event 40 Women 400 Yard Freestyle Relay

MEET Record:	3:26.23	2/19/2022	Saint Catherine University
M Menso, A Voss, M Klein, J Wentzel			
MIAC Record:	3:25.59	3/19/2022	St. Catherine
Wentzel, Klein, Menso, Voss			
NCAA Div III:	3:18.46	3/24/2018	Emory
Muir, Cheng, Ong, Taylor			

Team	Relay	Seed Time
1 St. Olaf		3:32.82
2 St. Bens		3:34.00
3 Gustavus		3:34.24
4 Carleton		3:37.18
5 Macalester		3:39.50
6 St. Kate's		3:48.65
7 Hamline		4:04.42
8 Concordia		4:13.97